

DISC PERSONAL ASSESSMENT

DISC PROFILE

Name: _____ Date: _____

Region/Position _____

Put an X in one space in each row in response to each question.

1. How would others describe you at work?	Determined	Uplifting	Methodical	Caring
2. What best describes your conversation?	Discussion of feelings & problems	Entertaining	Lecturing	Discussion of rules & regulations
3. What is your predominant mood?	Нарру	Exhilarated when winning, angry when losing	Blissful when helping, uneasy when not	Serene or irritated when mistakes are made
4. What might your motto be?	Winning isn't everything; it's the only thing	Everything in its proper place & time	All you need is love	It's party time
5. What do you focus on?	Making people happy	Helping & healing	Efficiency	Success
6. In what position would you most shine?	Leader	Coordinator	Caregiver	Entertainer
7. How would others describe your attitude at work?	Sensitive	Optimistic	Aggressive	Practical
8. How might you lose emotional control at home?	Irritability	Fury	Tears	Laughter
9. What do you enjoy most?	Fun	Great Challenge	Organizing	Nurturing
10. What most upsets you?	Chaos	Rejection	Being excluded	Stupidity
11. What do you most need from others at work?	Respect	Approval	Collaborate	Acknowledgement
12. What is your approach to filling out forms?	Delegates them	The more the merrier!	Does them with help	Can't find them
13. What brings out your best at work?	An orderly environment	Support	Varied social activities	To be in a position of authority
14. How do you perceive meetings?	As a great time for everyone to get together!	As a support group where everyone can be heard	An opportunity to create systems	Mostly a waste of time
15. What is the value you most honor?	Accomplishment	Truth	Love	Happiness
TOTALS			S	C

Each color corresponds to a letter ---- D is Blue, I is Red, S is Green, & C is purple. Count how many responses you chose per color. The letter in which you have the highest score represents your predominate personality style and the letter in which you have the second highest score represents your secondary style. For example, you might be considered a DI or a SC.