WWW.SCASSISTEDLIVING.ORG

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JUNE 2023



The association's informative bi-monthly newsletter for the senior living industry.

## Thank you to our spring conference sponsors:



PO Box 4561, Irmo, SC 29063



ASSISTED LIVING ASSOCIATION

### Letter from the ED

Dear SCALA Community,

Happy Summer everyone! I hope all of you are finding some overdue, well-deserved time off and if you haven't found the time yet, I hope you have vacations planned for the summer even if it's a Staycation! Remember we have to take care of ourselves so we can take care of others!

It's been a busy year so far and I think we are finally getting back to normal association activities post-COVID. We are regularly sending out bi-monthly newsletters, hosting Conferences with a packed house, education classes have been full in May and June, and we are scheduling networking meetings and working on monthly webinars that will be free for members and so much more! We all know there is strength in numbers so please continue to share your concerns with us and if you are not a member now is the time to join! We want you involved!

Be sure to mark your calendars for the Fall Convention & Trade Show September 25-27 in Myrtle Beach! This is a great event and will be fun for everyone so you will not want to miss the opportunity to register! See our convention page for details on the SCALA website. Have a great summer!

#### **Best,** Melody Bailey.

SCALA Executive Director

### Considering Membership?

The SC Assisted Living Association (SCALA) is a not-for-profit 501 (c) (6) membership organization dedicated to providing advocacy, communication, education, and resources for SC's assisted living industry. Share our vision and join us today!

### LEARN MORE

A special thank you to our spring presenters:

John Furnell John Elliston JoMonica Taylor Susan Bowlimg Mike Schonberg Jamie Preston Beckie Cunningham Kent Tuten Valerie Howe Heather Burton Lindsay McKenzie & Victoria Spencer Tara Weiss, Rita Lark



## Spring Conference May 3-4, 2023































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THE SCALA CONNECTION

Beneficial forms from our Stay Ready! Being Prepared for A Survey seminar this week by Greg Thompson.

<u>Table of Contents for DHEC</u> <u>Manual</u>

MAR Shift Change Form for Narcotics - Three Shifts

<u>MAR Shift Change Form -</u> <u>Three Shifts</u>

**Continuity of Essential Services** 

<u>Blank Resident Care</u> <u>Coordinator Grid</u>

Physical Examination

Checklist for HR Files





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Want to keep receiving info and news like this? This is usually a members only benefit. Stay informed!

# join SCALA

If you are wanting to stay informed and get the latest news and information then join us.

www.scassistedliving.org





THE SCALA CONNECTION

## DHEC Meeting with Associations



SCALA is one of the associations participating in regular quarterly meetings with DHEC and other organizations. When we have attend these meetings and have information to share we will report to our membership. Another great reason to be a SCALA member!

- JoMonica Taylor provided an update on the status of the Residential Care Committee. Selections were made and submitted for approval. The Department received several applications from operators of 11 beds or more but only received 3 applications from operators of 10 beds or less. Angle Smith asked the associations to encourage participation from the small bed facilities.
- Bryant Fludd, Emergency Preparedness Coordinator discussed emergency evacuation plans and RedCAP. Facilities should be on the lookout for a separate link to complete the plan. Report changes of facility information to the Department in a timely manner so everyone can receive the emails. *Regulation 61-84 Standards for Licensing Community Residential Care Facilities* defines a facility as "a community residential care facility licensed by the Department." Therefore, the sheltering facility must be another CRCF (no hotels, shelters, etc). Facilities are encouraged to have at least two sheltering facilities (one in their county and outside of their county). It is now hurricane season. Facilities will be contacted if there is not an acceptable evacuation plan on file with the Department. Plans must be submitted annually. Submit questions regarding the evacuation plan to <u>HQEP@dhec.sc.gov</u>. Contact Mr. Fludd at (803) 545-4302. Angie asked for facilities to please give grace to Bryant as he works through any issues that may arise with the plans.
- Facility Licensure renewal-Facilities should expect those to be sent via e-mail 60 days prior to the license expiration date. Reminded to submit their renewal information and pay fees in a timely manner. Provided an update on the Department's future paperless system, MyLicense. Working with attorneys to figure out how and if the notarized page will be submitted. Payments will only be accepted as echeck or card. The system is still being developed. Kersten Stribble can be reached at (803) 545-4458 & <u>stribbk1@dhec.sc.gov</u>.
- Mr. Todd McAlhany, Division Director for Fire & Life Safety presented on the top 5 citations.
- #5- Number & location of exits (2201)
- #4- Fire Drills (1504)
- #3- HVAC (2501)
- *#*2- Maintenance (1601)
- #1- Tests & Inspections (1502)
- There are new Fire Code Requirements that will be enforced next year. (1) Dryer vents must be cleaned in accordance to the manufacturer's instructions. Documentation is required. Prefer to clean lint filters after every load. Make sure the dryer goes through the cool down cycle. (2) Can't store anything in mechanical, electrical and boiler rooms, & fire command centers.
- Todd reminded attendees to notify <u>firewatch@dhec.sc.gov</u>.
- Round Table: LLR made changes to some language in the regulation. Implemented new training system, CE Broker. New change to legislation: Administrator doesn't have to be present in the facility but they have to be accessible via phone, email, text etc.
- DHEC concerned that designees/staff have no access to records in the absence of the administrator. The associations will communicate to their members that records need to be accessible in the event of a survey. Possibly create a DHEC book with the required info. Administrators expressed concerns with staff trying to sabotage and steal SS#s and other peoples information.
- Concerns that each region has a different process for handling COVID-19 (testing & reporting. Angle Smith will follow up with the agency's COVID-19 office and will provide an additional update.)
- Top 10 violations will be sent out to the CRCFs via e-mail twice a year. The first email was sent out around June 22nd

## Member News

- Restoration Celebration & Ribbon Cutting- RSVP to Deidre Weaver, LPN, CRCFA at https://www.linkedin.com/events/restorationcelebration-ribboncu7079485020901425152/ Jul 13, 2023, 10:00 AM - 2:00 PM -Restoration Senior Living Simpsonville- Simpsonville, South Carolina
- Congratulations to Matt Arledge and his team at Lakes of Litchfield. They achieved a deficiency-free Medicare survey! (The first time for this community in over 11 years)
- Eric Hadley has been named to serve the Vision Centre Advisory Council. Eric is Chief Operating Officer at Premier Senior Living, where he exercises his development, management, leadership, governance and operations skills. Eric is involved in national efforts to create common entry requirements and educational standards for senior services leaders. Congratulations Eric!
- Jacki Picard has obtained a new certification: Long-Term Care Administrator from GA State Board of LTC
   Professionals. Congrats to Jacki!
- NHC Mauldin will have 3 CNA's representing their facility at the CNA banquet this year, Brianna McIntosh, Diana Rodriguez and Rebecca Scribano. Brianna is NHC Mauldin's 2023 CNA of the Year! Congrats to these ladies who put their heart into everything they do!

Submit member news to SCALA@scassistedliving.org

### SEEKING PRESENTERS FOR MONTHLY WEBINARS



SCALA is looking for a variety of topics to be presented monthly for members anywhere between 1-3 hours.



For more information contact: scala@scassistedliving.org Job Openings

DHEC has a variety of openings HERE

vCare Hospice is expanding our team in Spartanburg. We are looking for a compassionate, hard working team member who is interested in leading our clinical team. You must be a RN, preferably who has hospice experience and has a heart to help others on the end of life journey. Come meet us, get to know our family and see if we're a right fit for each other. vCare may just be what you've been looking for! Contact John Powell if your interested at john.powell@vcarehc.com

Accepting Resumes for Care Service Director/Nurse for **Restoration Senior Living at Westgate in Spartanburg**. Email resume to Rita Lark or for more info at rita@rslwestgate.com. Faith based community with great benefits.

## South Carolina Board of Long Term Health Care Administrators Updated 2023 Regulations



Several regulations for the South Carolina Board of Long Term Health Care Administrators, found in Chapter 93, have been updated and are effective May 26, 2023. Specifically, these changes are as follows:

- Regulation 93-50. General Definitions rearranged in alphabetical order.
- Regulation 93-50, has added the following definitions:
  - D. "Direct Resident Care Responsibilities" shall mean activities performed by a caregiver that are specific to a resident. Direct care activities are as follows:
    - 1. "Hands-on" care of physical assistance, including, but not limited to, assistance with activities of daily living (e.g.bathing, dressing, eating, range of motion, toileting, transferring and ambulation); assist with medical

treatments

and/or medication administration.

- 2. Assistance with physical or psychosocial assessments; and
- 3. Documentation, if conducted for treatment or care purposes.
- F. "Equitably distributed" means either
  - 1. Four (4) hours may be scheduled each day, Monday through Friday, or
  - 2. Up to five (5) hours can be accumulated on Saturday and Sunday and, if hours are accumulated on weekends, the hours worked Monday through Friday must be distributed over portions of at least three days
- G. "Full-time" means no less than thirty (30) hours per week.
- K. "Normal Business Hours" means the hours between 0700 (7:00 a.m.) and 1900 (7:00 p.m.)
- L. "On site or available" means accessible directly or by electronic means and able to respond immediately. An

administrator is not "available" during the time he or she is providing service to another employer or business. Regulation 93-50 definitions have been revised as follows:

- P. "Preceptor" is defined as a person who is a licensed nursing home administrator or a licensed community residential care facility administrator and meets the requirements of the Board to supervise an administrator-in-training during the training period as delineated in Regulation 93- 80.
- Regulation 93-70.C, has been revised to strengthen the ability of an applicant, who was declared ineligible for examination, by requiring the Board to include an explanation for the denial and the right for the applicate to request a hearing.
- Regulation 93-80.C, Administrator-in-Training Program has been revised to allow a broader pool of potential preceptors for an AIT candidate.
- Regulation 93-80.G, has been revised to remove the manual fee imposed on the preceptor.
- Regulation 93-80.K has been revised to strengthen the AIT program by requiring the preceptor to
- provide "ongoing performance reviews".
- Regulation 93-110. Examination, Scheduling and Grading, has been revised to examinations
- administered by a "Board approved testing provider".
- Regulation 93-110 (C), (D), and (G) were removed from the regulations.
- Regulation 93-110.J was re-lettered to (I) and revised to more accurately reflect current testing
- terminology.
- Regulation 93-120.A, Amended to specifically provide for "Dual Licensee." Regulation 93-120.B section was removed from the regulations.
- Regulation 93-130 Provisional License requirements were clarified. Regulation 93-200(F) provides guidance on program delivery
  methods for continuing education. The section defines on-site and online live instruction, as well as live instruction itself. It states
  that 50% of required CEs must be obtained via live instruction. An alternative to live instruction is also defined, online pre-recorded
  instruction, which allows the participant to have control over the time, place and pace of learning through use of electronic media.
  The section also spells out the terms for obtaining a hardship waiver for continuing education requirements.
- Regulation 93-210 is amended to provide clarification of the requirements for reinstatement of lapsed licenses.

#### Full list of updated Regulations here

## Education training classes



"When you delegate tasks, you create workers, but when you delegate authority, you create leaders."



Craig Groeschel









# VOLUNTEERS NEEDED FOR SCALA COMMITTES!

CALLING ALL VOLUNTEERS! WE WANT YOU TO SERVE ON A COMMITTEE!

REGULATIONS egulatory guidelines for South Carolina re: 50 61-84. Medication regulations are facted in section 1200. Do are considered a surrogate of the mily. Regulations require "training" and namuol review for medication chilcions.

Our organization is looking for dedicated individuals to join us in our mission to make a positive impact in our industry.

If you have a passion for serving on one of the SCALA committees or want to learn more and to make a meaningful difference in the SCALA organization, we want to hear from you! Contact us today to learn more or sign up this exciting volunteer opportunity.

SIGN UP NOW

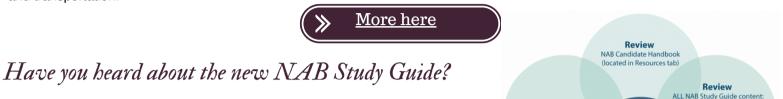
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#### New report aims to combat social isolation, loneliness among SC's growing senior population

A report released this week aims to combat social isolation and loneliness among seniors, which research has shown can have significant negative impacts on mental and physical health. The report, spearheaded by the South Carolina Institute of Medicine and Public Health (IMPH) and the South Carolina Department on Aging (SCDOA), comes after a task force of more than 40 stakeholders from across state agencies studied the issue for months.

"The report is meant to be a call to action, it is not something to sit on a shelf," Maya Pack, the Executive Director of the IMPH, said. The main theme of the recommendations is to find ways to get seniors more connected: through programs, the internet, and transportation.



**Take Practice Exam** 

Research AB recommended Study Links (located in Resources tab)

50 NAB recon

The new study guide encompasses engaging, relevant information to aid examination candidates who are preparing for the national senior living and health

services examinations. To learn more:

#### Healthcare Quality is providing an overview of the top ten citations in Community Residental Care Facilities (CRCFs).

The information provided below details the top violations, including Fire & Life Safety, from January 1 - May 30, 2023.

Top 10 Citations

NAB Study Guide

#### Visa Backlogs Will Exacerbate Nurse Shortages In Long Term Care

the U.S. Department of State recently issued a green card freeze impacting international nurses trying to work in the country, and nursing homes are feeling the impact.

A recent article in The Wall Street Journal explained, "Foreign nurses are important to the medical industry. Hospitals, nursing homes and home health-aide companies were contending with a severe staffing crisis even before the Covid-19 pandemic, when companies often supplemented full-time domestic nursing hires with traveling nurses and a small pool of international recruits. typically from the Philippines or Jamaica. After the pandemic, those hires became even more crucial."

Long term care facilities have been disproportionately affected by workforce shortages compared to any other health care sector, losing more than 200,000 workers during the pandemic. Nursing homes continue to rebuild, but without enough workers, many are limiting admissions or closing their doors completely. A recent AHCA/NCAL survey found that 95 percent of nursing homes are experiencing difficulty hiring new staff, and more than half are having to limit new admissions due to staffing shortages.



### Last Chance Program-Columbia, SC







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MAKE PLANS TO OIN US FOR THE SCALA



SEPTEMBER 25-27, 2023

ARINA INN AT GRANDE DUNES

MYRTLE BEACH, SC