

South Carolina Assisted Living Association

The 10 Warning Signs of Alzheimer's and the Power of Purpose Driven Care



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Alzheimer's Association

About the Alzheimer's Association

The Alzheimer's Association leads the way to end Alzheimer's and all other dementia — by accelerating global research, driving risk reduction and early detection, and maximizing quality care and support.

**Our vision is a world
without Alzheimer's and
all other dementia®.**



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- Recognize the power of purpose and create a spirit-lifting environment
 - Understand the warning signs of dementia and affirm the inherent worth of every person at every stage of life

I deveop simple, meaningful ways to help others feel valued, engaged, and purposeful, even if only for a few minutes.

Recognition



WHY?





STARLIGHT

Purpose is the sparkle we share with others

A paved path winds through a forest. The path is light gray and curves from the bottom left towards the center right. The forest is dense with trees and bushes. Many leaves are green, but some are turning yellow and orange, suggesting autumn. The lighting is soft and natural. The text "My Journey" is overlaid on the lower part of the path.

My Journey

Reality of Cognitive Decline

Interactive Activity

Importance of Early Detection



Pay attention to any changes in **memory**, thinking or behavior that you notice in yourself or someone else.



If you see changes that are new or unusual, **take action** by having a conversation with a doctor, or a trusted family member or friend.



10 Warning Signs of Alzheimer's

1. Memory loss that disrupts daily life

2. Challenges in planning or solving problems

3. Difficulty completing familiar tasks

4. Confusion with time or place

5. Trouble understanding visual images and spatial relationships

6. New problems with words in speaking or writing

7. Misplacing things and losing the ability to retrace steps

8. Decreased or poor judgment

9. Withdrawal from work or social activities

10. Changes in mood and personality

Treatments for Alzheimer's

While there's currently no cure for Alzheimer's, there are treatments that can change disease progression, and drug and non-drug options that may help treat symptoms. Talk to your doctor to learn more about treatment options. Learn more at [alz.org/treatments](https://www.alz.org/treatments).



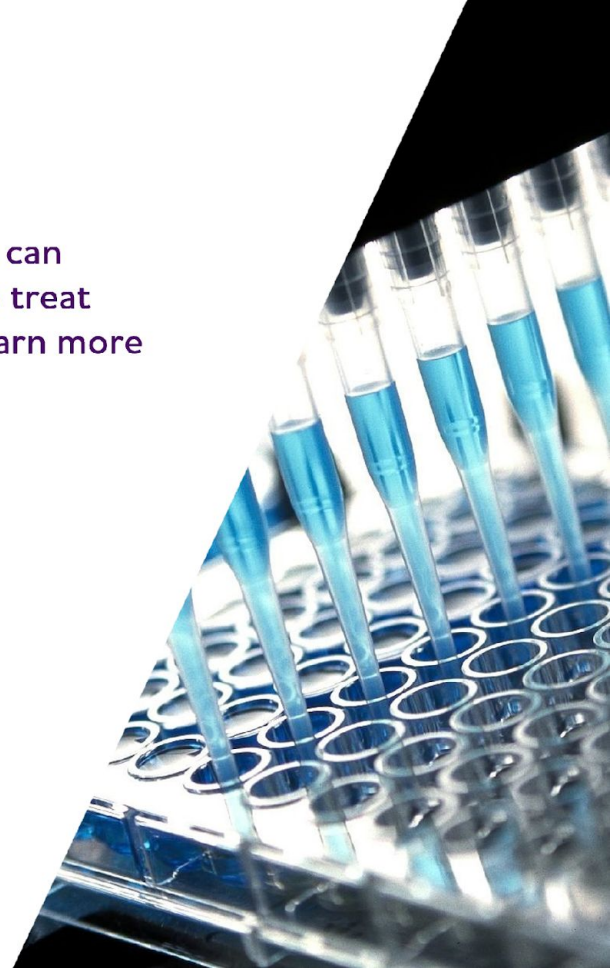
New treatments are available that slow disease progression for those in the earliest stages.



Drug and non-drugs options are available that **may help treat symptoms**, such as memory loss and confusion.



Everyone experiences Alzheimer's differently, treatments **work in varying degrees and are not effective for everyone**.



A close-up photograph of a person in a purple velvet costume with yellow trim, holding a purple sign with the text #ENDALZ. The person is standing next to a brown horse with a white blaze on its face. The horse is wearing a black halter. The background is a solid purple color.

#ENDALZ



**I walk
for my family
and friends**

